

Psychological Approaches to Driver Education

Course overview This one day course has a strong focus on the development of the instructor's ability to apply the Goals for Driver Education through an improved understanding of the psychology of how people learn to drive. At the end of the course the participants will be able to use simple psychological models to inform their planning of in-car driving sessions taking into account the learning needs of the learner.

Learning outcomes The learning outcomes of the course are for the course participants to:

- Develop a deeper understanding of the role context has in driving behaviour and how to address this in driver education
- Consider how a number of psychological models could be used within driver education including:
 - Transtheoretical model of change (Prochaska & DiClemente 1983)
 - Task Capability Model (Fuller 1998)
 - Theory of Planned behaviour (Ajzen 1988)
- To use simple psychological models in the planning of driving sessions
- Have a better understanding of learning styles and how to address these within a driving lesson

Course timetable

09.00 Registration and Coffee
09.15 Ice breaker and setting the session's goals
09.30 What stops us learning and how can we address this?
10.30 Break
10.45 What is an expert?
11.00. Learning Styles and you
11.30 How do we build self-evaluation into driver education?
12.45 Lunch
13.15 Deep learning and the Theory of Planned behaviour
14.00 Changing context
15.00 Break
15.15 Dealing with dyslexia
16.00 Summary
16.30 Course complete

Who should attend this course?

This course is ideal for any instructor or trainee instructor who wishes to further develop their knowledge, understanding and ability to deliver a driving lesson related to the learning outcomes above.