

HERMES Model	Possible questions asked by the instructor	Aims to be achieved
<p>Making it clear they are in the driving seat</p>	<p>How are you today?</p> <p>How do you feel about driving today?</p> <p>Who do you think should be responsible for our and other people's safety today?</p> <p>As the driver is there anything that you feel could affect our safety today?</p>	<p>Encouraging the pupil to identify that they are/ should be responsible for safety as the driver.</p>
<p>Identify the goals</p>	<p>Last session we discussed that our next step forward is to look at a Turn in the Road, how would you feel about doing that today?</p> <p>How did you get on with the self-study tasks you set yourself last session?</p> <p>What do you feel are the main things to consider for completing a turn in the road?</p>	<p>To identify the goals for the session with -in a wider curriculum</p> <p>To ensure that the previously agreed goals are still appropriate</p> <p>To gain feedback on the self study that was agreed on the previous session.</p> <p>To encourage the pupil to identify their personal goals for the session and a success criteria</p>
<p>Mind map the task</p>	<p>What dangers do you feel you need to consider with this exercise?</p> <p>Before we start the turn in the road could you outline for me what you are trying to achieve? (Instructor should record this as a mind mapping exercise)</p> <p>Do you feel the approach you have outlined minimises the risks you identified?</p> <p>Is there anything else you could do to reduce the risks?</p>	<p>For the pupil to identify the risks associated with the exercise and to develop a personal picture of how to reduce these risks.</p> <p>Note: The mind map should be revisited and amended or added to as the pupil self-discovers new things.</p>

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<p>Encourage self-reflection on performance</p>	<p>How would you feel about attempting a turn in the road here?</p> <p>How did you feel you did?</p> <p>What elements would you like to improve?</p> <p>How could you improve that?</p> <p>How would you assess the turn in the road you have just completed using a 1 to 10 scale?</p> <p>What could you do to improve your score?</p> <p>Is there anything you found out that you would like to add to your mind map?</p>	<p>To develop the skills required to complete a turn in the road safely.</p>
<p>Task repetition</p>	<p>The previous step should be repeated with the instructor encouraging the learner to focus on more specific elements as they improve. eg control, observation, etc. Can I ask you to consider this please?</p>	<p>Development of skills base through the development of the pupils own self assessment skills</p>
<p>Identify obstacles (Change the context)</p>	<p>Context scenario You are late for a very important appointment and take a wrong turning and have to do a turn in the road.</p> <p>What do you think you could feel in that situation?</p> <p>How do you think these feelings could affect your judgement?</p>	<p>Change context and encourage consideration of how 'human factors' impact on performance</p> <p>Consider positives and negatives for a number of proposed options</p> <p>Note: over a number of sessions the pupil could be introduced to a number of other scenarios</p>

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<p>Identify obstacles (Change the context) CONT.</p>	<p>Do you think that could impact on the safety of what you are doing?</p> <p>How could you reduce this impact (possible coping strategy)?</p> <p>What would prevent you from doing that (refers to pupil's possible coping strategy) do you think?</p> <p>Are there any other options do you think? (Alternative coping strategy(s))</p> <p>Can you see any issues that would prevent you from doing that (refers to pupil's alternative coping strategy(s)) do you think?</p>	<p>Change context and encourage consideration of how 'human factors' impact on performance</p> <p>Consider positives and negatives for a number of proposed options</p> <p>Note: over a number of sessions the pupil could be introduced to a number of other scenarios</p>
<p>Commit to the strategy</p>	<p>So what will you do in that situation (situation outlined above)?</p>	<p>Commit to a coping strategy</p>
<p>Develop self-assessment</p>	<p>Overall how do you feel you have done today? (Possible 1 to 10 scaling)</p> <p>What could you do to further develop?</p> <p>How could you do that over the ... (could be linked to self study)?</p> <p>How would you summarise this session?</p> <p>What would be your goals for next the session?</p> <p>Do you feel there is anything you could do to help you achieve that goal between now and the next session?</p>	<p>Self-assess performance</p> <p>Maximise the pupil's responsibility for their own self-development</p> <p>Development of a self summary</p> <p>Set goals for next sessions</p> <p>Note: If possible pupil should be given a copy of their personal mind map</p>